

Getaway

BAYLIFE & TRAVEL

THEMES WITH TEENS

Hitting the Disney parks with big kids is a different — and often better — experience from having tots in tow. **DETAILS, Travel, Page 5**



TONIGHT'S LINEUP

ABC is offering 5½ hours of "Lost"-related programming tonight. Get your fill starting at 7.

7 to 9 p.m.: "Lost: The Final Journey" — A retrospective that analyzes the series' six seasons, including its impact on pop culture.

9 to 11:30 p.m.: "Lost: The End" — the series finale.

12:05 to 1 a.m.: "Jimmy Kimmel Live: Aloha to 'Lost'" — The talk show host, a "Lost" fanatic, celebrates the finale with cast members, including Matthew Fox, Evangeline Lilly and Jorge Garcia, and co-producers Carlton Cuse and Damon Lindelof.

Show found a home in pop psyche

Flash back to the summer of 2004: Television critics on a fall preview tour in Los Angeles are impressed by the spectacular two-hour TV pilot for "Lost."

This new series crosses all genres, say executive producer J.J. Abrams and co-creator Damon Lindelof.

Woven in are elements of horror, science fiction, fantasy, action thrillers, mystery and romance to tell the story of "an incredibly dysfunctional family of stressed people stuck in a strange world that is kind of cool," Abrams says.

Critics like it. But "Lost" seems like a long shot for ABC.

Six seasons later, the series is engrained in our pop culture as a one-of-a-kind television experience that included philosophy, physics, theology, spirituality, time travel and an alternate universe.

It began with the crash of an airliner bound for Los Angeles from Australia. Off course by thousands of miles, the plane broke apart and fell to a mysterious uncharted tropical island where strange horrors — monsters made of smoke, polar bears — lurked in the jungle. And then there were the horrors, the deep, dark secrets, some of the 48 survivors carry with them.

There would be romance, jealousy, love,



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hate and death. Trapped with no escape, the survivors faced one threat after another.

It seemed they were there for a reason. Was this whole experience the work of some evil corporation carrying out a massive experiment? Were they all really dead and existing in some kind of purgatory? Was it someone's dream? (Oh, please, not that.)

The goal from the get-go was to keep the audience guessing, Lindelof said in a 2004 interview.

And guess they did.

"Lost" has had a life way beyond television in online chats, books, fan groups, college courses, blogs, clubs, YouTube parodies, Jimmy Kimmel's late night show and on and on.

"It inspired a tremendous online reaction as no other TV show has," said ABC Entertainment Group President Stephen McPherson.

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A Bay area coupon ministry helps cut household spending so savers can give.

By MICHELLE BEARDEN
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Kati Kiefer hoists one, two, three, four, five bags of 10-pound kitty litter into her grocery cart at the Publix supermarket. She can't stop grinning.

"You get five bags for \$10, on sale," she says, digging into her pocket-size file folder. "That makes it two bucks a bag, which as you may know, that's a deal for kitty litter."

Pause.

"And here I've got coupons for a buck off each!" she says triumphantly, pulling out a bunch neatly stapled together. "That makes it \$1 a bag!"

There are people who diligently cut coupons to save here and there. And then there's Kiefer.

Her method has a higher purpose: The more she saves — and the more she helps you save through her website — the more others can be blessed. That extra cash might be given to a charity or someone in need. Same with the surplus products purchased at super low prices.

Those extra bags of kitty litter? They may end up at an animal shelter.

Kiefer, 33, is the founder of True Couponing (www.truecouponing.com). It's a departure from the old-school style, in which people carefully clip coupons every week, then file them away and forget them. Kiefer's streamlined system combines social media, spiritual values and free hands-on workshops that she and two friends teach in Tampa Bay area churches. The True Couponing blog, which is updated several times a day, is drawing up to 400 hits an hour.

"It energizes me," says Kiefer, who whacked her family's monthly bill for

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Kiefer
"It energizes me. I love to share a good deal!"



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